



Quick Facts:
 Area : 2632 sq km
 Temperature : Summer - upto 39°C
 Winter - 12°C to 20°C
 Annual Rainfall : 703 mm
 Best Season : Mid September to Mid April
 STD Code : +91-181
 Language : Punjabi, Hindi, English



Location
 Jalandhar is located in the intensively irrigated plain between the Beas and Sutlej Rivers. Jalandhar is situated at Latitude 31°19'32"

North and Longitude 75°34'32" East at a distance of 146 km from the State Capital, Chandigarh. Ludhiana district is to the East, Kapurthala is to the west, Hoshiarpur is to the north and Ferozepur is to the south of Jalandhar.

Getting There
 Jalandhar is well connected by road and rail. The nearest airport is Amritsar at a distance of about 80 km. Jalandhar falls on the Delhi-Amritsar Railway Line. Jalandhar is served by a good road network. NH 1 connects the city with other important centers. Bus services are available in the city, which connect Jalandhar to the other cities in Himachal, Haryana, U.P. Jammu & Kashmir and Rajasthan.

Introduction
 Jalandhar city is believed to have materialised out of the ocean. According to the Padma Purana, a historical - mythological Hindu treatise, the city takes its name from the Daitya (demon) King, Jaladhara, who was the son of the Ocean. The city and the district are home to many historical edifices. The tomb of Imam Nasir, the citadel at Phillaur - a strategic stronghold of Maharaja Ranjit Singh, a Shiv Mandir from the Lodhi era, Tombs at Nakodar, Sarai at Noormahal, Devi Talab Mandir, the Gurdwara at Kartarpur etc., are among them. The Devi Talab Mandir is a popular religious and tourist spot. There is also a shrine dedicated to Vrinda, wife of the Demon Jaladhara, in the vicinity of the Kot Kishan Chand. It is also famous as Tulsi Mandir. Beside the temple there is a pond which is said to have been the bathing 'ghat' of the demon Jaladhara, who gave the city its name. The temple of Gupha, where the goddess Annapurna is worshipped, is

also very famous. The Gurdwara Chhevin Patshahi and the Shahid-e-Alam Bhagat Singh Museum are also places of interest for tourists. Saint Mary's Cathedral and the Pushpa Gujral Science City also draw tourists in thousands all through the year. In short, a visit to the city famed for its sports goods and shrines is highly recommended.

Sports City-Jalandhar
 Jalandhar is the hub of sports goods industries in Punjab. About 90% of all the sports goods units of the states are located here. Products manufactured here are football, cricket bats and balls, hockey sticks and balls, balls and rackets for tennis, badminton and squash, soft leather goods and shuttle cocks. This industry is labor intensive and is now regarded as a major cottage industry providing direct employment to many workers. The main sports goods markets are situated in localities such as Basti Nau, Basti Sheikh Industrial Area and Jallowali Road.



Places to Visit in Jalandhar
Imam Nasir Mausoleum and Jama Masjid

The beautifully designed 800-year-old mausoleum of Imam Nasir (a Sufi Saint) is located in the heart of Jalandhar. The Jama Masjid nearby is said to be 400 years old. The tall white Imam Nasir Mosque, with its four white minarets gloriously tower over the winding streets of the old city bazaars, is one of the well kept secrets of the city. The inner dargah houses the tomb of Imam Nasir and his disciple. The oldest portion of the complex is 1100 years old, and the rest was built around it later. According to Peerzada Nasiruddin, the present Imam at the Mosque, the huge gate was built as recently as 1941.

Tulsi Mandir
 Tulsi Mandir, earlier known as the temple of Vrinda, is an ancient monument in the city located in the Kot Kishan Chand locality. It was built in honour of Vrinda, wife of the demon Jaladhara. The tank beside the temple is said to have been the bathing place of Jaladhara.

Sodal Mandir
 Thousands of Devotees throng this temple during "Anand Chaturdashi" in September. The child deity here is believed to grant wishes of devotees.

Shiv Mandir
 The temple situated at Gur Mandi near Imam Nasir mausoleum dates back to the Lodhi Era. Believed to be built by the Nawab of Sultapur Lodhi, the temple is a blend of Muslim and Hindu architecture. The main gate is built in the style of a mosque while the rest of the building is in the Hindu style.



St. Mary's Cathedral
 St. Mary Cathedral is another local attraction worth visiting in Jalandhar cantonment, initiated by representatives of his holiness Pope John Paul 2, is the only one of its kind in the East. The old church dedicated to St. Patrick was built in 1947 and the foundation stone for the new church was laid in 1986.

Nikku Park
 This is an amusement park with a large open space, where visitors can enjoy beautiful fountains, candy/popcorn stalls, rides like cups and saucers, roller coaster etc. It is easily accessible, being part of one of the most bustling colonies of Jalandhar, called Model Town.

Devi Talab Mandir

Devi Talab Mandir is located about 1 km from the railway station. The old Devi Talab has been renovated and a new temple has been built in its place. Recently a model of the Amarnath Cave shrine has been built on the premises. An old temple of Goddess Kali also stands by the side of Devi Talab. The gilded Mandir is famous for the 'Harivallabh Sangeet Sammelan' a music festival held every year in December for the past 125 years. Famous classical music exponents - both instrumental and vocal, come together and perform at this gathering. There is a large 200 year old masonry tank in Devi Talab.



Gurdwara Chhevin Patshahi
 The sixth Guru of the Sikhs, Guru Hargobind Singh ji visited Jalandhar during his tour of Doaba area where he met the holy Muslim saint, Shaikh Darvesh. Gurdwara Chhevin Padshahi in Basti Shaikh, marks the spot of this meeting. The great Guru and Shaikh Darvesh discussed deeply spiritual matters at this meeting. A copy of Sri Guru Granth Sahib handwritten by the great Sikh scholar, and martyr Baba Deep Singh, sometime between 1715 and 1728 is kept here.

Desh Bhagat Memorial Hall
 Desh-Bhagat Memorial Hall has been constructed in memory of martyrs who lost their lives in the fight for freedom from the British rule. The memorial also boasts of one of the finest libraries that stocks rare editions of books and manuscripts, which provide accounts of India's freedom movement.

Wonder Land
 Wonder Land is an amusement water park with games and water rides. The Park spread over 11 acres with its many thrilling rides has something for all age groups. The park is located about 6 km from Jalandhar Bus Terminus and 8 km from the Railway Station on Nakodar Road. The water rides include bumper cars, flying jets, horror house, boating, play house, flying dragon and a slide splash. The wave pool is another attraction of the water park. There is an aqua dance floor, where boys and girls enjoy dancing to the tunes of the latest Punjabi songs underneath a canopy that has artificial clouds from where the water falls like rain.

Timing: Summer 10.00 am to 8.00 pm,
 Winter 10.30 am to 6.00 pm

Noormahal
 Noormahal is a beautiful palace named after Noor Jahan, wife of the Mughal emperor Jahangir. It is a striking example of Oriental architecture. The whole structure of the sarai complex is in the form of quadrangle consisting of 140 cells. This historical monument is now under the care of the ASI. Noormahal is located on the Nakodar-Phillaur road and even has its own small railway station.

Gurdwara Kartarpur Sahib
 Gurdwara Kartarpur Sahib was built by the fifth Sikh Guru Arjun Dev Ji in 1656 A.D. and is located 16km away from Jalandhar. A fair is held here every year on the birth anniversary of Guru Arjun Dev Ji. There is also a Smarak (memorial) of Swami Virjanand, the teacher of Swami Dayanand Saraswati, Gurdwara Kartarpur Sahib is also known as Gurdwara Thum Sahib because of sandalwood post

established by the Guru here, which is said to be the foundation of Sikhism.

Jang-E-Azadi Memorial at Kartarpur

This grand memorial and museum is dedicated to those who sacrificed their lives during the Indian independence struggle. Enter through a circular dome-shaped enclosure and then branch out into galleries that showcase various signposts of the freedom movement such as the Jallianwala Bagh massacre. Currently six of the nine galleries are open, each dedicated to a separate phase of the independence struggle. The museum is designed in an interactive way with touch screen panels, audio and video display, life-size figures and sculptures. A movie theatre here screens a film about the freedom struggle and a laser show is also organized here every evening. Distance: 23 km from Jalandhar one the Grand Trunk Rd. Kartarpur.



Nakodar
 Nakodar is a tehsil of district Jalandhar. It is connected to Jalandhar by NH71. The town is accessible by rail also, the closest station being Nakodar junction. The town is known for the tombs of Mohammed Momin and Haji Jamal on its outskirts. These tombs date back to the times of Emperor Jahangir. The Tomb of Mohammed Momin stands on an octagonal platform and is approached by a flight of steps on two sides, it is square from inside and octagonal from outside. The Tomb of Haji Jamal stands in the middle of the square platform panelled on all sides with deep recesses concealing two flights of steps on each side.

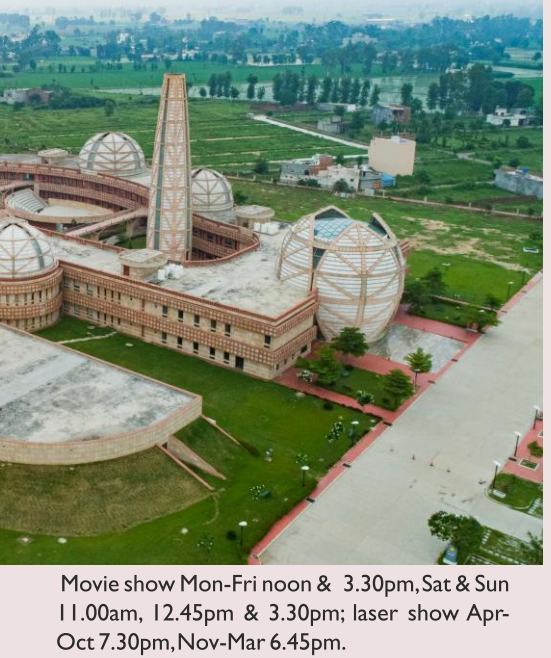
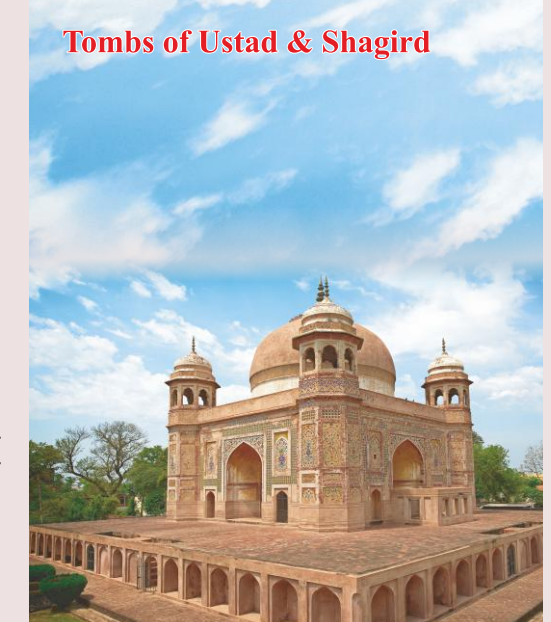


Entry fee: 0-3 year: free, age 3-18 years ₹50/-
 Age 18 years and above ₹80/- Timing: Apr-Oct 10.00am-7.00pm, Nov-Mar 10.00am-6.00pm
 Movie show Mon-Fri noon & 3.30pm, Sat & Sun 11.00am, 12.45pm & 3.30pm; laser show Apr-Oct 7.30pm, Nov-Mar 6.45pm.

Shaheed-E-Azam Sardar Bhagat Singh Museum

The museum is located in Khatkar Kalan, S.B.S Nager which is the native village of the great martyr Sardar Bhagat Singh. Shaheed-E-Azam Sardar Bhagat Singh Museum was built in order to pay homage to the great revolutionary martyrs of Punjab, who sacrificed their lives for the liberation of their motherland. It was inaugurated on the 50th death anniversary of Sardar Bhagat Singh. The museum exhibits the blood stained newspapers, blood soaked sand and the half burnt ashes of Sardar Bhagat Singh, Sukhdev and Rajguru. A page from the Lahore Conspiracy Case Judgement is also showcased in the museum. Many other articles like a copy of the holy Gita with Sardar Bhagat Singh's signature and various old paintings are also on display in the museum. There is also a huge bronze idol in the memory of great martyr at the entrance of the museum.

Mausoleums of Ustad and Shagird
 The mausoleums of Ustad and Shagird are beautiful 17th century tombs, situated in Nakodar, and have great historical significance. These are the tombs of Ustad (teacher) Mohammed Momin Hussaini alias Hafizah, a musician in the service of Abdul Rahim Khan-e-Khana a nobleman in the court of Emperor Jahangir and of Haji Jamal, his disciple. The mausoleums are architecturally similar to Humayun's tomb in Delhi.



Shopping in Jalandhar
 Jalandhar is an important district of Punjab. It has plenty of shopping options, both modern and traditional. Jalandhar is famous for leather items and shoppers can choose from wide array of leather goods. Popularly known as the sports capital of India. Jalandhar has an ever-growing sports goods industry as well.

Traditional items typical to Punjab, such as phulkari embroidery, juttis, parandis, durries and peedhis are widely available in most of the popular markets of Jalandhar. The choice is wide and the prices are reasonable. The most popular shops selling traditional items include Oriental Crafts, Prince Glass Corner, Taj Handicrafts, Janta Textiles and Handicrafts, Loveleen Handicraft, Pacca Bagh and Jaina Crafts. Basketry and wood works are other items to

shop for in Jalandhar. Handloom items, kitchen utensils, quilts and blankets, textile, jewellery and furniture are other items available in Jalandhar. The global mall culture has influenced Jalandhar market as well, just like any other part of the country. Ebony Store, Manbro and Sadar Bazar are some popular shopping areas in the city. The main localities for shopping in Jalandhar are New Market, Sheikhan Bazar, Focal Point Extension, Bazar Peer Bodla and Attari Bazar.



Hotel

- Ramada Hotel**
 Nam Dev Chowk, Jalandhar
 Email: afrom@ramadajalandhar.com
 Web: www.ramadajalandhar.com
 Cont: 0181-4390000
- Country Inn & suites**
 BSF Chowk, GT Road, Jalandhar
 Email: sales@cisjalandhar.com
 Web: countryinns.com/jalandharin
 Cont: 0181-5030100
- Cabbana Resort & Spa**
 NH-1, Jalandhar, Ludhiana Highway Phagwara
 Email: info@hotelcabbana.com
 Web: http://hotelcabbana.com/
 Cont: 01824-505060
- Hotel Aveda Kamal Palace**
 192, civil lines, Jalandhar
 Email: hotelkam@gmail.com
 Web: http://www.hotelkamalpalace.com/
 Cont: 0181-4633001
- Hotel President new court**
 176, civil lines, Jalandhar
 Email: http://www.presidenthoteljal.com/
 Web: http://www.presidenthoteljal.com/
 Cont: 0181-4696777
- Hotel Radisson Windsor**
 GT Road Windsor Foundation, Jalandhar
 Email: sales@radissonjal.com
 Web: https://www.radissonhotels.com/
 Cont: 0181-467234
- Sarovar Portico**
 Near BSF Chowk, Gt Road, Jalandhar
 Email: gmjisp@sarovarhotels.com
 Web: www.sarovarhotels.com
 Cont: 0181-5178000
- Fortune Avenue**
 296-297, Lajpat Nagar, Jalandhar
 Email: fom.faj@fortunehotels.in
 Web: www.fortunehotels.in
 Cont: 62833-65502
- Ambassador Hotel**
 I.G.T Road, Near BSF Crossing, Jalandhar
 Email: gm@ambassadorhoteljalandhar.com
 Web: www.ambassadorhoteljalandhar.com
 Cont: 0181-5009333
- Hotel The maya**
 EH- 178, Civil lines, Jalandhar
 Email: info@themayahotel@gmail.com
 Web: www.mayahotels.in
 Cont: 0181-2244894
- Hotel Chancellor**
 Ladowali Road, Jalandhar
 Email: hotelchancellor1@gmail.com
 Web: http://www.chancellorhotels.com/
 Cont: 084273 36677
- Best Western Summerlea**
 GT Road, Near BSF Chowk, Jalandhar
 Email: reservations@bestwesternjalandhar.com
 Web: www.bestwesternindia.com
 Cont: 0181 503 2000



Pushpa Gujral Science City
 A unique place in itself, located on Jalandhar-Kapurthala road, Pushpa Gujral science city is an institution of excellence. Designed as a place for educational and recreational purposes, it is now a tourist attraction. The project is aimed at cultivating an interest in science through open ended exploration away from text books and blackboards, with a scientific approach to problem solving. The project has something for everyone, regardless of age, education, profession or social strata and also intends to make science accessible to people who are not part of the formal education system. The place has various attractions like flight simulator, 3D cinema, laser show, earth simulator and more than 200 interactive exhibits on physics, mechanics, optics, health, space, aviation and fun science. Timing: 9:00am to 5:00pm. Ticket charges: Student-305/-, General-405/-, Family pack-1250 (50% Discount to Senior Citizens, and specially abled).

Punjab Heritage and Tourism Promotion Board

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 ☎ : +91-172-5042969
 www.punjabtourism.punjab.gov.in

Jalandhar

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LEGEND	
TRANSPORTATION	
NH 1	Arterial Road
24	Distance in Kms
	Main Road
	Other Roads
	Railway Line with Station
PLACES OF WORSHIP	
	Church
	Gurdwara
	Mosque
	Temple
BUILT - UP AREA	
	Built-up Area
NOMENCLATURE	
NAMES	
AVTAR NAGAR	Locality/Colony
Nahal	Town / Village
Dera Satkartar	Point of Tourist Interest
Golf Club	Other
WATER FEATURES	
	Canal
	Waterbody
VEGETATION	
	Wooded Area
	Park and Garden
SPECIAL SYMBOLS	
	Airport
	Bank
	Cinema
	Fort
	Historical Building
	Hospital
	Hotel
	Petrol Pump
	Police Station
	Post Office
	Restaurant
	Tomb
ABBREVIATIONS	
Engg : Engineering	Pub : Public
HPO : Head Post Office	RS : Railway Station
Lib : Library	Sch : School
NH : National Highway	Sr Sec : Senior Secondary



USEFUL PHRASES	
ENGLISH	PUNJABI
greetings	sat sri akal
yes	haan
no	naan
thank you	dhanyavaad
time	taime
money	paisa
day	din
night	raat
morning	saveral/tadke
evening	tarika
afternoon	duphar
today	ajj
tomorrow	kal
food	khana
water	pani
girl	kudi
boy	munda
what	ki
where	kithe
who	kaun
why	kyon

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